

Villa Armonia

VACANZE DI LUSO

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Glossa

dal 1992

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Want to feel good about yourself? Come to Villa Armonia (Tortora, Calabria)!
Feed the body and the mind with the Wellness and Relax program
tailored for you.

PACKAGE XL

7 nights

Eat well and lose weight

Min. 4 max. 10 participants

Mech Tisanoreica Diet Programme, including 5 meals a day for 7 days with service and support for every need. Includes: dietary and psychological counselling, 3 one-hour massages, a radio frequency facial, five sessions in the gym at free times, seven hours of conversation per week in the language of your choice: English, German, French, Italian, Spanish, Russian or Portuguese.



Price 985 Euro

Stay in a double, twin or triple room with continental breakfast buffet served until 10:30. Welcome drink and gift at the end of the stay, TV in room, WI -FI access, a guided tour of the old town of Scalea. Rooms and common areas cleaned daily, towels changed every day and bed linen changed every three days. Check in on Sunday after 16:00 departure on the following Sunday before 14:00.

It is also possible to book: excursions and day trips, conversation classes in English, German, Italian, French, Russian, Spanish or Portuguese and other Wellness Treatments. Lunch or dinner available at discounted prices in typical local restaurants.

The cost of these is not included.