



**Want to feel good about yourself? Come to Villa Armonia (Tortora, Calabria)!  
Feed the body and the mind with the Wellness and Relax program  
tailored for you.**

## PACKAGE L

7 NIGHTS

**PARADISE**

Min. 4 max. 10 participants

**Do you want to regenerate deeply?  
The best holistic therapy at your  
service: an oasis for learning how to  
relax.**

**Choose between individual and group  
sessions , mornings and afternoons: Chakra  
Rebalancing, Reiki, Bioenergy Massage,  
Excursions in nature - Holistic Counselling,  
Creative Arts, Reflexology, Active / Static  
Meditations, Yoga, Readings, etc.**



**Price: 810 Euro**

**Stay in a double, twin or triple room with continental breakfast buffet served until 10:30. Welcome drink and gift at the end of the stay, TV in room, WI -FI access, a guided tour of the old town of Scalea. Rooms and common areas cleaned daily, towels changed every day and bed linen changed every three days. Check in on Sunday after 16:00 departure on the following Sunday before 14:00.**

**It is also possible to book: excursions and day trips, conversation classes in English, German, Italian, French, Russian, Spanish or Portuguese and other Wellness Treatments. Lunch or dinner available at discounted prices in typical local restaurants.  
The cost of these is not included.**